# Elementary/Middle School Programs



# **VISUAL ARTS**

**Contact: Nicole DeWald** 

ndewald@greenbeltmd.gov, 240-542-2057

# SATURDAY CERAMICS 133208-1

**Ages 5-10** 

Children learn hand-building and decorating techniques, creating pottery and sculpture. All materials provided. Class is concurrent with "Throwing Clay" for older youth. Class must meet minimum enrollment by Thursday, 1/10 in order to run.

Sa 10:00am-12:00pm/CC-304

7 mtgs: 1/12 - 2/23 R: \$74, NR: \$96

**Instructor: Holly Vandersommers** 

# **THROWING CLAY 143251-1**

Ages 10-18

Discover the creative possibilities of both hand-building and the potter's wheel. Personalized attention enables students to follow their imagination while cultivating technical skills. Recycled clay is available at no charge for participants under age 16. Participants ages 16+: Ceramics Open Studio is included and purchase of new clay is required. Class must meet minimum enrollment by Thursday, 1/10 in order to run.

Sa 10:00am-12:00pm/CC-305

7 mtgs: 1/12 - 2/23 R: \$105, NR: \$136

**Instructor: Michael Pappas** 

# **MES ART ADVENTURES 133605-1**

Ages 5-12

A weekly program of creative play and expression. Class meets at Magnolia Elementary. Non-Magnolia students may register on or after 1/15. Caregivers are encouraged to attend the final class meeting and participate in an art project. Class must meet minimum enrollment by Friday, 1/22 in order to run.

Tu 3:30pm-4:30pm/MES

6 mtgs: 1/29 - 3/5 R: \$42, NR: \$50

**Instructor: Cindy Ching** 

# **GES ART ADVENTURES**

**Ages 5-12** 

A weekly program of creative play and expression. Class meets at Greenbelt Elementary. Non-GES students may register on or after 1/11. Caregivers are encouraged to attend the final class meeting and participate in an art project. Classes must meet minimum enrollment by 1/23 in order to run.

133600-1 W 3:30pm-4:30pm/GES

6 mtgs: 1/30 - 3/6 R: \$42, NR: \$50

133600-2 M 3:30pm-4:30pm/GES 6 mtgs: 1/28 - 3/11 (no class 2/18)

R: \$42, NR: \$50 Instructor: Sally Davies

# **DANCE**

**Contact: Angella Foster** 

afoster@greenbeltmd.gov, 240-542-2067

### PRE-BALLET

Ages 5-7

Young dancers will develop the proper posture, flexibility and discipline needed to begin a more formal study of classical ballet. In-studio performance on last day of class! Uniform: Snug t-shirt, leggings or footless tights with soft leather ballet shoes or bare feet.

134201-SA Sa 10:15am-11:00am/CC-10

13 mtgs: 2/9 - 5/18 (No class 3/30, 4/6) R: \$78, NR: \$84

134201-TH Th 5:15pm-6:00pm/CC-10

14 mtgs: 2/7 - 5/16 (No class 4/4) R: \$84, NR: \$90

Instructors: Angella Foster, Katie Heintz

# **PRE-JAZZ 134204-WE**

**Ages 5-7** 

A fun, upbeat introduction to jazz and contemporary dance. Students will learn upbeat dances in various styles from lyrical to Broadway. Emphasis on developing confidence, discipline and musicality. In-studio performance on last day of class! Uniform: Snug t-shirt, leggings and bare feet.

W 4:45pm-5:30pm/CC-10

14 mtgs: 2/6 - 5/15 (No class 4/3) R: \$84, NR: \$90

**Instructor: Angella Foster** 

# BALLET I

Ages 7-11

An introduction to the grace and discipline of classical ballet. Emphasis is on developing each student's flexibility, strength and musicality. In-studio performance on last day of class. Uniform: Girls - pink ballet shoes, pink tights, black leotard, long hair secured in bun. Boys - black ballet shoes, black leggings, snug white t-shirt.

134202-1 Th 6:00pm-7:00pm/CC-10

14 mtgs: 2/7 - 5/16 (No class 4/4) R: \$112, NR: \$120

134202-2 Sa 12:00pm-1:00pm/CC-10 13 mtgs: 2/9 - 5/18 (No class 3/30, 4/6)

R: \$104, NR: \$112

Instructors: Katie Heintz, Angella Foster

# BALLET II 133604-01

**Ages 7-11** 

Continuation of Ballet I. Students must have completed at least one year of ballet. Emphasis on developing mastery of the basic positions and performance quality. Uniform: Girls - pink ballet shoes, pink tights and black leotard. Boys - black ballet shoes and leggings with snug white t-shirt.

M 5:00pm-6:00pm/CC-10

13 mtgs: 2/4 - 5/13 (No class 2/18, 4/1)

R: \$104, NR: \$112 Instructor: Angella Foster

### **BALLET III 133603-01**

Ages 8-12 CIRCUS SKILLS PARENT AND CHILD 134225-2 Ages 7+

A continuation of Ballet II. Students must have completed two years of ballet training. Emphasis on developing each parents can sign up alongside their children to enter the dancer's mastery of jumping and turning fundamentals as well as the poise and performance quality characteristic of classical ballet. In-studio performance on last day of class.

Sa 12:00pm-1:00pm/CC-10

13 mtgs: 2/9 - 5/18 (no class 3/30, 4/6)

R: \$104, NR: \$112

**Instructor: Angella Foster** 

## CONTEMPORARY DANCE

**Ages 7-16** 

Contemporary dance combines elements of ballet, yoga, Pilates, basic tumbling and modern dance to create a fusion that is fun, expressive and great exercise. In-studio performance on last day of class! Uniform: Bare feet, black yoga pants or leggings and snug top.

134203-1 Tu 6:00pm-7:00pm/CC-10 14 mtgs: 2/5 - 5/14 (no class 4/2)

Ages 7-12 R: \$112, NR: \$120

**Instructor: Angella Foster** 

# **MUSICAL THEATER TAP 134207-1**

**Ages 7-11** 

Perfect for students interested in any aspect of performing **BEGINNER I** arts, but musicals in particular! Learn classic tap steps featured in movie musicals like Singin' in the Rain, 42nd Street and Happy Feet. Uniform: Black jazz pants or leggings, snug fitting plain t-shirt and black or tan tap shoes.

Tu 5:00pm-6:00pm/CC-106

14 mtgs: 2/5 - 5/14 (no class 4/2) R: \$112, NR: \$120

**Instructor: Angella Foster** 

### DANCE PERFORMANCE CLUB 134208-1 **Ages 7-12**

Ready, set, dance! Dance performance club is for young dancers who have had at least one year of dance training and are ready to step into the spotlight. This year we'll be performing an original version of Peter Pan on Friday, May 24, 5-6pm at the Greenbelt Community Center. Prerequisite: Students must also be concurrently enrolled in a weekly dance technique class.

F 4:00pm-5:30pm/CC-10

7 mtgs: 4/12 - 5/24 (no class 4/9) R: \$84, NR: \$96

Instructors: Angella Foster, Katie Heintz

# **MORE FUN**

### STRATEGY GAMES CLUB 187501-1 Ages 10+

Exercise your brain playing a variety of strategy games, Carcassonne, Mah Jongg, Ticket to Ride, Blokus. Traditional strategy games - Chess, Checkers, Backgammon, Cribbage and Jenga - are also available. Come join in the fun!

Tu 7:00pm-9:00pm/YC-Multi 10 mtgs: 1/8 - 3/12, FREE Instructor: Karen Haseley, khaseley@greenbeltmd.gov,

240-542-2054

# **FACILITY CODES**

**GAFC=Greenbelt Aquatic & Fitness Center SHLRC=Springhill Lake Recreation Center** YC=Youth Center; CC=Community Center

world of circus. Students will explore different circus skills (juggling, stilt-walking, unicycling, tightrope walking, balance boards, rolling globe, and amazing partner acrobatics specifically designed to be done by adult-child teams.) During the last session, the parents will join their children in a circus performance guaranteed to be one of a kind.

M 4:30pm-5:30pm/CC-106

8 mtgs: 1/7 - 3/11 (No class 1/21, 2/18)

R: \$130 parent and 1 child, \$65 additional child NR: \$162 parent and 1 child, \$81 additional child

Instructor: Betty May, Contact: Chris Cherry, 240-542-2055

# SWIM LESSONS

Contact: GAFC, 301-397-2204

PH=Pass Holder; RNPH=Resident Non-Pass Holder; NRNPH=Non-Resident, Non-Passholder

**ALL CHILDREN'S SWIM LESSON PRICES:** 

PH: \$39 **RNPH: \$43 NRNPH: \$49** 

**Ages 5-10** 

Designed for children who have not had any lessons before and do not put head or face in water. Students will learn to be comfortable in the water and practice floating techniques. Proper leg and arm movements for the front crawl are introduced.

131120-A Sa 9:00am-9:30am/GAFC 8 mtgs: 1/5 - 2/23

**131120-B** Sa 9:45am-10:15am/GAFC 8 mtgs: 1/5 - 2/23

**131120-D** Sa 11:15am-11:45am/GAFC 8 mtgs: 1/5 - 2/23

### **BEGINNER II** Ages 5-12

Designed to learn basic swimming skills. Students will learn proper body position and arm movements for front crawl, elementary backstroke and breaststroke. Back crawl, treading water, and alternating breathing will be introduced. Prerequisite: supported float on front and back, streamline glide from wall on front and back, and object retrieval from bottom of pool with head submerged.

131121-A Sa 9:00am-9:30am/GAFC 8 mtgs: 1/5 - 2/23

131121-B Sa 9:45am-10:15am/GAFC 8 mtgs: 1/5 - 2/23

8 mtgs: 1/5 - 2/23 131121-C Sa 10:30am-11:00am/GAFC

### **BEGINNER III** Ages 5-15

Designed to improve basic swimming skills and become comfortable in deep water. Students will learn rhythmic breathing, proper kick for elementary backstroke and breaststroke, and treading water. Prerequisites: 10 yards front crawl, 10 yards basic elementary backstroke, 5 yards basic breaststroke.

131122-C Sa 10:30am-11:00am/GAFC 8 mtgs: 1/5 - 2/23

**131122-D** Sa 11:15am-11:45am/GAFC 8 mtgs: 1/5 - 2/23

PH=Pass Holder; RNPH=Resident Non-Pass Holder; NRNPH=Non-Resident, Non-Passholder

**ALL CHILDREN'S SWIM LESSON PRICES:** PH: \$39 RNPH: \$43 NRNPH: \$49

# **ADVANCED BEGINNER**

Designed to transition from basic swimming to more advanced swimming skills. Students will learn basic dives and improve front crawl, back crawl, elementary backstroke and breaststroke. Sidestroke, butterfly, and underwater swimming are introduced. Prerequisite: 15 yards front crawl, 15 yards back crawl, 15 yards elementary backstroke, 10 yards breaststroke and 30 seconds treading water.

131123-C Sa 10:30am-11:00am/GAFC

8 mtgs: 1/5 - 2/23

131123-D Sa 11:15am-11:45am/GAFC

8 mtgs: 1/5 - 2/23



### **INTERMEDIATE 131124-B**

Ages 5-15

Designed to learn distance swimming skills. Students will swim full lengths of the pool to improve front crawl, back crawl, breaststroke, sidestroke, and butterfly, and retrieve objects from the deep end. Flip turns and long shallow dives will be introduced. Prerequisite: 25 yards front crawl, 25 yards back crawl, 25 yards elementary backstroke, 15 yards breaststroke, and 1 minute treading water.

Sa 9:45am-10:15am/GAFC

8 mtgs: 1/5 - 2/23

# **SWIMMER 131125-A**

**Ages 5-15** 

**Ages 5-15** 

Designed to build swimming endurance. Students will refine front crawl, back crawl, breaststroke, elementary backstroke, sidestroke, and butterfly. Prerequisite: 50 yards front crawl, 50 yards back crawl, 25 yards breaststroke, 25 yards sidestroke, 10 yards butterfly, and 2 minutes treading

Sa 9:00am-9:30am/GAFC 8 mtgs: 1/5 - 2/23

# **ATHLETICS**

**Contact: Andrew Phelan** 

aphelan@greenbeltmd.gov, 240-542-2194

### TKA KARATE Ages 5-12

Registration for this class will be held at the Greenbelt Youth Center the first night of class. For more information please call 301-840-9262.

M 6:30pm-7:30pm/YC-GYM

10 mtgs: 1/14 - 4/8 (no class 1/21, 2/18, 4/1)

R/NR: \$55

# **TABLE TENNIS TIME**

All ages

Enjoy one of the fastest, most exciting sports in the world! Enhance your skill, technique, and accuracy with players of all ages and experience levels. A beginners table and an advanced table will be available. All participants must have a Greenbelt Recreation Center ID.

Su 3:30pm-5:30pm/YC-Multi 17 mtgs: 1/6 - 4/28 FREE with a Greenbelt Recreation Center ID



# FAB FIVE WINTER BASKETBALL SKILLS CLINICS

Ages 12-16

12:00pm-2:00pm/SHLRC-Gym 11/21, 12/26, 12/27, 12/28, 1/18

**Free to Rec Card Holders** 

Come in from the cold and heat up the court. Develop your game during this clinic. Drills will focus on the fundamentals of ball handling, shooting, and defense. Clinic sessions will end with competitive games and scrimmages. The clinic not only seeks to develop a player's individual basketball skills and abilities, but also teach them the importance of hard work, dedication, and team play.

# YOUTH FUTSAL PROGRAM





Futsal is a variant of soccer that is typically played indoors with smaller playing area dimensions. It is derived from the Spanish or Portuguese word for "soccer"-- FUTbol or FUTebol, and the French or Spanish word for "indoor" -- SALon or SALa.

This winter, the Greenbelt Recreation Department is excited to introduce the Youth Futsal Program. The futsal program will consist of an intramural division (ages 4-5) and a league with several age divisions. Individual registrations will only be accepted for the intramural program (ages 4-5). Registrations for the league must be made as a team and by the team coach. All games will be played in the Greenbelt Youth Center Gym on Sunday afternoons with the younger groups playing the earlier games. Games will be officiated by Recreation Department staff. Exact game times will not be available until registration is complete. The

Greenbelt Recreation Department's futsal program will provide a great opportunity for soccer players to keep their skills fresh during the offseason.

Su begins 12:00pm/YC-Gym 1/6 - 2/24 (8 games); \$40/individual (Intramural) \$250/team (7 Under-13 Under)

DIVISION	TIME	PLAYERS	GAME LENGTH	DIVISION	TIME	PLAYERS	GAME LENGTH
Intramural	12pm	3 v. 3 (no	Varies	9U	TBD	4 v. 4	30 minutes
(ages 4-5)		goalie)		11U	TBD	4 v. 4	40 minutes
<b>7</b> U	TBD	4 v. 4	30 minutes	13U	TBD	4 v. 4	40 minutes

# SCHOOL'S OUT!!!

Contact: Kayode Lewis, klewis@greenbeltmd.gov, 240-542-2198

School's Out days are offered for young children (7-11). Each School's Out day has a theme (see below). Each day may include swimming, art project, gym activity, outside play time and a special guest. Lunch and afternoon snack will be provided. Each program runs from 9:00am to 3:30pm. Before care is available beginning at 7:00am for an additional \$5 per child per session. After care is also available from 3:30pm to 6:00pm for an additional \$8 per child per session.

SPACE IS LIMITED AND PRE-REGISTRATION IS REQUIRED!

# BUDDING CHEFS 146501-1

M 2/18 R: \$39, NR: \$49

Chase the kids out of your kitchen, right into ours! Children will be introduced to cooking basics: measuring, mixing, basic food preparation and nutrition. Budding chefs will work with other children and staff to prepare lunch and other tasty treats.

WHERE: Greenbelt Youth Center

LUNCH: Cheese pizza, apple sauce, fruit and juice or water

**Instructor:** Cathy Pracht

# SIMPLY SILLY SCIENCE 146501-2

F 3/29 R: \$39, NR: \$49

Looking for educational excitement? Join us for Silly Science! Participants create make and take projects that glow, explode and ooze in a safe and controlled environment.

WHERE: Greenbelt Youth Center

LUNCH: Grilled cheese sandwich and tomato soup, fruit and juice or water

**Instructor: Cathy Pracht** 



**Ages 7-11**